

ALICIA'S VOCAL EXERCISES

ALICIA MORGAN

EXERCISE 1: OH

OH - - - OH LEH - - - LAH - - - AH

EXERCISE 2: LEH-LAH (FOR OPENING VOWELS AND PROPER BREATHING)

EXERCISE 3: EH-EE (FOR BRIDGING REGISTERS)

(SHORT PAUSE - BREATH)

EH EE - - - EH EE - - - EH

EXERCISE 4: DIATONIC YODEL (TO STRENGTHEN THE STRETCH BETWEEN REGISTERS)

AH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE YAH EE YAH

EXERCISE 5: VOWEL SCALES (FLEXIBILITY, ACCURACY AND BREATH CONTROL)

AH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE YAH EE YAH

WARM-UPS: BUZZ & ROLL - (MASSAGE FOR YOUR THROAT AND MASK)

EXERCISE 6: VOWEL CADENCE (I-IV-I-V-I)

AH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE - YAH - EE YAH EE YAH