

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Scales	Exerc.	Song	Scales	Exerc.	Song	Scales	Exerc.	Song	Scales	Exerc.	Song	Scales	Exerc.	Song
WEEK 1															
WEEK 2															
WEEK 3															
WEEK 4															
WEEK 5															
WEEK 6															
WEEK 7															
WEEK 8															
WEEK 9															
WEEK 10															

Keyboard Practice Log

Instructions: Practice *at least* 30 minutes a day. 10 minutes scales, 10 minutes assigned exercises, 10 minutes song. These may be broken up into 10 minute increments if necessary. Mark box for each completed practice. In the Scales box, **put your metronome tempo.**